PTSD: Responding to Returning Veterans

Course Information

No officer hurt/injured! No Veteran hurt/injured!
This one day training module is taught by a veteran who has experienced PTSD.

Course Purpose / Objectives

Reports from the National Center for Post Traumatic Stress Disorder (PTSD) show that 60% of men and 50% of women will experience at least one traumatic event. Reports have varied from 40% to 80% of our returning military veterans face some level of PTSD.

Regardless of what percentage is correct there is no question our veterans returning home are facing one of the most devastating economic job conditions, no social acceptance, not much assistance available, and family relationship problems.

In addition, Police Departments themselves are vulnerable to the effects of PTSD on officers who have encountered life threatening situations and conditions. Building a PTSD resilient force is the most important step to understanding and better dealing with veterans who have PTSD.

The purpose and objectives of this one (1) day training module will be to:

- Help you understand the development and recognize the signs and symptoms of PTSD
- Relate to the veteran via your own experience
- Better to respond to calls for assistance involving PTSD subjects
- Begin building a PTSD resilient police department

Instructor

Silouan Green

Silouan graduated from Vanderbilt University in 1991 and then accepted a commission in the United States Marine Corps. While serving in the Marines, Silouan was involved in a jet training accident. In the ejection, Silouan's back was broken and his co-pilot tragically killed.
This horrible event and the complications that followed left Silouan a shell of a man and he descended into the hell of Post Traumatic Stress Disorder, PTSD. His life in pieces, he was disability discharged and then hit the road on the back of a motorcycle for two years to look for a new beginning.

Since that journey began, Silouan has published an internationally distributed outdoors magazine, Bearfoot Magazine- Journal of Northern California Outdoors, started a successful advertising and marketing business, Silouan Green, LLC, but more importantly, has developed The Ladder UPP recovery program for PTSD and victims of trauma. The Ladder UPP takes one through the process of Silouan's recovery as a means to encourage engagement and provide simple, practical steps to beginning the journey of recovery and living free, fully alive.

**Dates:**

June 24, 2015

**Cost**

$50 Made Payable to Columbus Police Department- ETP

**Location:**

Columbus, Ohio Division of Police Training Academy - 1000 North Hague Ave., Columbus, OH 43204-2121

**Course Contact / Registration**

Officer Stephanie Gibson  
(O) 645 4800, ext 1116  
(e-mail): slgibson@columbuspolice.org

Please fill out the attached registration form and return to the course contact.
<table>
<thead>
<tr>
<th>Course Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Name of Course</strong></td>
</tr>
<tr>
<td><strong>Date of Course</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Student Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name and Title</td>
</tr>
<tr>
<td>Agency Name</td>
</tr>
<tr>
<td>Agency Address</td>
</tr>
<tr>
<td>Work and Alternate Phone #</td>
</tr>
<tr>
<td>Agency Fax Number</td>
</tr>
<tr>
<td>Email Address</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Billing Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>Billing Contact</td>
</tr>
<tr>
<td>Billing Address</td>
</tr>
<tr>
<td>Billing Telephone</td>
</tr>
<tr>
<td>Billing Fax</td>
</tr>
</tbody>
</table>

I have read and understand the registration/cancellation policies and procedures for reserving a seat in this class.
Student Signature _____________________________ Date _____________

Email to Officer Stephanie Gibson, Columbus Division of Police, Advanced Training Unit
SLGibson@Columbuspolice.org