

Counters Combative Instructor



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Location: Columbus Police Regional Training Academy - 1000 North Hague Ave. – Columbus, OH 43204

Cost: \$595.00

Date: December 6-10, 2010

Times: 8:00 a.m. to 5:00 p.m.

POC: Stephanie Gibson - 614-645-4113,
Ext. 1116

This 5-day (40 hour) program is designed to enhance the instructor's development in the deployment of various close quarter grappling techniques and tactics. When you wear a firearm it changes everything – the way you stand, handle people and physically control them. This course concentrates the danger range of 1-3 feet from the threat, how to protect your firearm, face, and other important areas of your body to win against an active fighter. Instruction is based on realistic use and applications of control methods in the use of force situations. All techniques are compatible with our ground and empty hand control instructor courses. *This is a physical demanding class and officer need to be in good physical condition!*

Topics covered in the program include

- Importance of laying the verbal foundation
- Intergraded use of force options with hands, elbows, knees and kicks
- Redirection and Balance displacement techniques
- Tactical Combinations for disengaging or engaging threats
- Grappling position for Police
- Counter Tactics for defending against the wrestler
- Positions of advantage for handling a combatant
- Escapes from grips, grabs and body holds
- Power Development for Striking
- Body Conditioning
- Much More!